

# God And

## Our Hearts

*The Connection Between  
Salvation and Our Hearts!*

*A God And Series Book*

Edward G. Palmer

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And Our Hearts!*

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## **God And Our Hearts: The Connection Between Salvation and Our Hearts!**

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**Scripture References:** All references to Scriptures in this book are taken from the New King James Version (NKJV) unless otherwise indicated by a three to nine character translation code as shown on pages 8-9.

**Author's Comments In [[text]] or [text] Brackets:** The Amplified Bible uses parentheses around some (text) and brackets around other [text] to enhance Scripture understanding. If you see double brackets around [[text]] within any Scripture, or [text] outside of Scripture, it indicates that this is an author's comment or explanation from his perspective.

## Capitalization Protocol

On all Bible citations, regardless of the translation used and where the context clearly points to God ALMIGHTY or to Jesus Christ, this book distinguishes between the two. This is done by using either small-cap characters or lowercase characters.

**For God Almighty**, a small capitalized style protocol is followed and reflected in the format: CREATOR, FATHER, ALMIGHTY, GIVER, HE, HIS, HIM, HIMSELF, YOU, YOUR, ME, MINE, MOST HIGH, MY, MYSELF, LORD AND SAVIOR, ETC.

**For Jesus Christ**, a lowercase protocol is used except for Lord and Son. Hence, when these pronouns are used for Jesus, they show up as: he, his, him, himself, you, your, me, my, myself, savior, Lord, or Son.

This has generally been followed throughout the book but is not the case with every cited verse. It is used for those verses in which the context cannot be easily disputed, or in the case of citing, a quality or attribute which belongs solely to God.

For those interested in the original translation capitalization, the author refers them to the actual Bible version used for the cited text. A list of Bible translations is shown on the next page. In other cases, capital letters used within the mentioned sentence structure were also changed on common words for ease of reading or modern grammar. In other cases, the capitalized letters were left as shown in the original translation. Hence the original Bible phrase "; Because" might appear as "; because." In all instances, the author maintains complete integrity of translation, and the writings herein can be traced back to the original Bibles to confirm the accuracy of presentation. While not perfect, the capitalization protocol is reasonably consistent and enhances the reading and value of the author's writings.

## Bible Translations

KJV	King James Bible <sup>1</sup>
NKJV	New King James Version <sup>2</sup>
AMP	Amplified Bible <sup>3</sup>
ASV	American Standard Version <sup>4</sup>
BSB	Berean Bible Study <sup>5</sup>
CEB	Common English Bible <sup>6</sup>
CEV	Contemporary English Version <sup>7</sup>
CJB	Complete Jewish Bible <sup>8</sup>
CSB	Christian Standard Bible <sup>9</sup>
DB	Darby Bible <sup>10</sup>
DRC1752	Douay-Rheims Challoner 1752 <sup>11</sup>
EMTV	English Majority Text Bible <sup>12</sup>
ENO	Book of Enoch - Laurence 1883 <sup>13</sup>
ESV	English Standard Version 2016 <sup>14</sup>
GNB; GNT	Good News Bible or GNT <i>Translation</i> <sup>15</sup>
GNBA	Good News Bible with Apocrypha <sup>16</sup>
GNV	Geneva Bible 1560 <sup>17</sup>
GW	God's Word Bible <sup>18</sup>
HCSB	Holman Christian Standard Bible <sup>19</sup>
HEB	Hebrew Bible - JPS 1917 Edition <sup>20</sup>
ISV	International Standard Version <sup>21</sup>
JSB	Jewish Study Bible <sup>22</sup> - 1985, 1999
LIV	Living Bible <sup>23</sup>
MACE NT	Daniel Mace's New Testament 1729 <sup>24</sup>
MEV	Modern English Version <sup>25</sup>
MLT	Morris Literal Translation <sup>26</sup>

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MOFF	James Moffatt Translation <sup>27</sup>
MSG	The Message Bible <sup>28</sup>
NAB	New American Catholic Bible <sup>29</sup>
NABRE	New American Bible - Revised Edition <sup>30</sup>
NASB	New American Standard Bible <sup>31</sup>
NASB77	New American Standard Bible 1977 <sup>32</sup>
NASB1995	New American Standard Bible 1995 <sup>33</sup>
NASB2020	New American Standard Bible - 2020 <sup>34</sup>
NCV	New Century Bible <sup>35</sup>
NET	New English Translation <sup>36</sup>
NET1	New English Translation - First Edition <sup>37</sup>
NIV	New International Bible <sup>38</sup>
NIV2011	New International Bible -2011 Edition <sup>39</sup>
NJB	New Jerusalem Bible <sup>40</sup>
NLT	New Living Translation <sup>41</sup>
NMV	New Messianic Version Bible <sup>42</sup>
NRSV	New Revised Standard Bible <sup>43</sup>
NRSV-CI	NRSV - Catholic Interconfessional <sup>44</sup>
NRSVUE	New Revised Standard Bible - 2021 <sup>45</sup>
REB	Revised English Bible <sup>46</sup>
RSV	Revised Standard Version <sup>47</sup>
SET	Simple English Translation <sup>48</sup>
TAN	Jewish Tanach - Stone Edition 1996 <sup>49</sup>
TEV	Today's English Version <sup>50</sup>
WEB	Webster's Bible <sup>51</sup>
WEY	Weymouth's NT <sup>52</sup>
WESLEY-NT	John Wesley's New Testament <sup>53</sup>
YLT	Young's Literal Translation <sup>54</sup>

*Dedicated to every Christian who seeks to know  
the truth about the relationship of our hearts to  
Salvation & Eternal Life!*

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## CHAPTER TWO

### The Heart Has A Brain

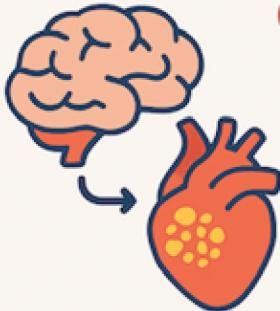
Recent scientific breakthroughs have unearthed a fascinating aspect of human anatomy--the existence of specialized neurons within the heart. This revelation challenges traditional views of the heart's function, underscoring its complexity beyond the mechanical pumping of blood, leaving us eager to learn more.

**The Heart's Neural Network:** Recent studies have unveiled a remarkable discovery--the heart is not just a mechanical pump but a complex system with its own set of neurons. This 'heart brain' forms a part of a sophisticated neural network capable of regulating functions independently of the body's central nervous system. This revelation is sure to leave you eager to explore this fascinating topic further, along with its spiritual implications.

**Composition and Structure:** The heart's neural layer primarily consists of ganglionic<sup>1</sup> cells, which are similar to those found in the central nervous system. These cells form a network known as the cardiac nervous system, which works in conjunction with the brain and the

autonomic nervous system to coordinate vital functions, including heart rate, rhythm, and response to emotional stimuli.

## THE HEART HAS BRAIN CELLS



### SCIENTIFIC DISCOVERY

- About 40,000 neurons in the heart
- Forms complex intrinsic nervous system
- *Can sense and process information independently*

### WHAT IT MEANS

	<b>EMOTIONAL REGULATION</b> Contributes to emotional experiences		<b>DECISION MAKING AND INTUITION</b> Signals may play role in intuition
	<b>STRESS AND HEALTH</b> Tied to heart rate variability (HRV)		<b>MIND-BODY INTEGRATION</b> Supports bi-directional interaction

### APPLICATIONS

	<b>MEDICINE</b> Heart-brain therapies		<b>PSYCHOLOGY</b> Emotional		<b>TRAUMA THERAPY</b> Heart-based
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## Functions of Heart Neurons

**1. Autonomous Control:** The heart can beat independently of the brain, thanks to specialized neural cells that enable it to function autonomously. They generate electrical impulses that lead to heart contractions, allowing the heart to maintain a steady rhythm.

**2. Monitoring and Response:** The heart receives signals from the brain that can affect its function, such as stress or emotional excitement. Conversely, the heart's neurons can sense changes in the body's needs, like increased physical activity, and adjust the heart rate accordingly without direct input from the brain.

**3. Emotional Influence:** The heart's neural network is not just about physical functions. It's also deeply connected to our emotions. Emerging research suggests that the heart's neurons respond to emotional stimuli, indicating a profound connection between our feelings and heart function. This concept resonates with the experience of 'heartache,' where emotional experiences can manifest physically, affecting heart function. It's a reminder that our hearts are not just organs but also mirrors of our emotional well-being.

## Clinical Implications

Understanding the interplay between the heart's neurons and broader physiological processes can lead to new insights into the treatment of cardiovascular diseases. Further research may help develop innovative therapies for arrhythmias, ischemic heart disease, and stress-related cardiac issues such as panic attacks or post-traumatic stress disorder. This underscores the importance of emotional, mental, and spiritual health in heart health, making us all feel valued and understood in our overall well-being.

## Conclusion

The discovery of brain-like cells in the heart has opened a new frontier in cardiac research, underscoring the organ's ability to engage in complex communication and function. By embracing this multidimensional understanding of the heart, we enhance our comprehension of cardiovascular physiology and the profound links between emotion, cognition, and physical health. These links suggest that emotional, mental, and spiritual states can have a significant impact on our physical health and vice versa.

As research unfolds, the heart's neural network may reveal even more secrets about how it processes and responds to our emotional, spiritual, and physical environments, giving us hope for further breakthroughs in the future.

## **With Brain Cells In Our Hearts**

It gives new meaning to the phrase<sup>2</sup>

## **Take It To Heart!**

## About The Author

### **Edward G. Palmer**

It was in May 1978, at the age of 32, when I had an epiphany, and in an instant, I was filled with God's Spirit. I have walked with God for 47 years. For the first twelve years, I absorbed Scripture. I learned to love God's Word in the Bible more than a famous pastor's motivational sermons. By 1990, I began to have metaphysical experiences with God. After ignoring God's direction to attend a local Assembly Of God church for two years, I relented in 1992. When I asked, God told me it was to observe.

This church went from 600 members to 150 due to the pastor's illegal sexual relations with three women. He was counseling these women and told them to avoid sex with their husbands. At the same time, he had sexual relations with them. Shortly after I started attending, a new senior pastor came to the church. This one also had an agenda and stole the church from its denomination first and then from its voting members.

God had sent me to a cult for four years. With my corporate and legal background, I witnessed how the new pastor illegally altered the non-profit corporation's articles and bylaws to steal the church. He was unrepentant when I confronted him about his corrupt teachings and theft. I left with three other members in late 1996, and we started our ministry. For four years until 2000, God's Spirit deprogrammed us with words from HIS Holy Bible.

For the next five years, God gave me the task of writing the *Book of Edward: Christian Mythology* to explain who Jesus was talking about in Matthew 7:21-23.

Since then, several other books have been written for God to discuss different aspects of HIS Word. A list of related writings follows. I was ordained in 2000, and we formalized our ministry as Apostle Ministry, Inc. in Minnesota. It became an apostolic writing ministry.

I write for God to help educate the Church and Christians to stop their mythology and obey God's commandments and especially the teachings of Jesus. This book is the next in my "God And" series of books for God. *Edward*

## Author & Publisher

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## Author's Related Books

### **God And The Narrow Gate:** How to enter *Eternal Life* and not get picked up on the *Last Day!*

This 6 x 9" book contrasts John 6:40 with John 5:24. These are the two ways that Jesus teaches about entering eternal life. In the first case, Jesus will pick you up on the Last Day if you believe in him. In the second, Jesus states that you've already entered eternal life and bypassed judgment if you "believe in HIM who sent me." Who is that? It's YAHWEH. The book is available in paperback and hardcover print editions, a low-cost PDF, and \$2.99 eBooks. Details are found at <http://www.godandthenarrowgate.org>.

### **God And Healing: A Bible Perspective**

This 6 x 9" book discusses what the Bible says about Divine healing. Will God always heal as a result of prayer? It is available in Print, PDF, and \$2.99 eBook editions. Details at <http://www.godandhealing.org>

## **The Doctor's Death Diagnosis**

This 6 x 9" book discusses alternative healing strategies to allopathic medicine. It has a list of "100 Healing Secrets & Tips." It is based on the author's 50-year experience using alternative health strategies. It is available in paperback and hardcover print editions, a low-cost PDF, and \$2.99 eBooks. Details are found at <http://www.thedoctorsdeathdiagnosis.com>.

## **God And Cancer: A DIY Healing Perspective**

This 6 x 9" book discusses the author's DIY healing perspective concerning the disease of cancer. The author explains how many simple and low-cost DIY healing solutions for cancer are hidden by Big Pharma and the medical industry. The author lists fifteen (15) DIY healing strategies for cancer. It is available in Print, PDF, and \$2.99 eBook editions. Details at <http://www.godandcancer.org>.

## **God And Parkinson's: A DIY Healing Perspective**

This 6 x 9" book discusses the author's DIY healing perspective concerning the disease of Parkinson's. The author describes his own journey with Parkinson's diagnosed in 2024 and provides a healing perspective on how he will approach the disease without using

pharmaceuticals and the allopathic medical industry. The author provides five nutraceuticals DIY healing protocols for the disease. It is available in Print, PDF, and \$2.99 eBook editions. Details at <http://www.godandparkinsons.org>

### **Healing Self-Care Primer**

This 6 x 9" book teaches you "How To Create a DIY Self-Care Health & Healing Program" to help you tap into the body's healing capacity, reduce medical costs, and promote overall health. It is a short book that encourages readers to reclaim their health, freedom, and life through self-care principles and an alternative perspective on healthcare. It is available in softcover print, low-cost PDFs, and \$2.99 eBooks. Details are found at <http://www.healingselfcareprimer.com>.

### **Book Of Edward: Christian Mythology**

This is a four-volume 8 x 11" textbook, which explains who Jesus was talking about in Matthew 7:21-23. This set of books is available in Print, in a low-cost PDF edition, and is online readable in an Internet browser. Details at <http://www.edwardtheapostle.org>.

## Trinity Dogma

This is an 8 x 11" textbook that discusses the history of the trinity doctrine and why it is a false doctrine. This book is available in Print and in a low-cost PDF edition. Details at <http://www.trinitydogma.com>.

## Seven End-Times Messages From God

This 6 x 9" book reveals seven end times messages that God gave me. It is available in Print, low-cost PDF, and \$2.99 eBook editions. Details at <http://www.sevenmessages.com>.

## Other Books & Writings

Several additional books in the "**God And**" series of books the author is writing can be found at the author's website on <http://www.edwardgpalmer.com>.

Other author writings are available and free to read. They are at the publisher's website near the bottom of the home page. <http://www.jvedpublishing.org>.

## A Real Salvation Prayer

**OPENING PRAYER:** *FATHER God, let everyone who utters this prayer of salvation unto You, with a sincere heart, immediately feel the presence of YOUR Holy Spirit and equip them with the internal strength of conviction to stand tall for YOUR righteousness at all costs and even unto their human death. Verily I say unto You that this is YOUR expectation of their [and my] sincere heart. Edward*

**INSTRUCTIONS:** Pray out loud and offer up to God ALMIGHTY outstretched arms and the following prayer, on your knees, in the privacy of your prayer closet [private room, alone], and with your sincere heart. Verily I say unto you that your soul will see eternal life in heaven upon the death of your earthly body if your heart is honest with God to the point that your behavior turns to His righteousness. Mark down the time, date, and place of this gift of your heart unto God, and feel free to share this moment when you committed to walking in God's ways with HIS priorities over your life.

**PRAY** Heavenly FATHER, the only ONE and True God. You, who are also the FATHER and the only ONE and True God of my brother Jesus Christ whom YOU sent down as a living human sacrifice for the sins of all the humans in this earthly realm and world, hear this prayer from my

sincere heart. This prayer comes from within the bowels of my spirit soul, and I fully understand that this is a one-way decision of my committed heart.

FATHER, I believe in YOUR only human begotten Son, Jesus Christ. I believe that You sent Christ down to this earth and that he became the human being Jesus Christ [Yashua] in the flesh, just like the flesh I have. I believe he had bones like I do, flesh like I do, and blood like I do. I believe that his body on the cross was no different from any other human body. I acknowledge Jesus Christ is the Son of God; he is not God.

FATHER, I believe he only spoke what You told him to say and did what You told him to do. I believe that he was the final and perfect blood sacrifice for the forgiveness of the sins of humanity. FATHER, I believe that includes my sins.

LORD, I fully acknowledge that by accepting Jesus Christ as my savior and brother, I am inviting his perfect spirit into my life to share this earthly body with me. Along with his spirit, I understand that You will also give me YOUR Holy Spirit and that You also will dwell within me.

I believe that the result of my sincere acceptance of this gift of YOUR Son is the Oneness I will share with You and him. Christ has taught me that I might live in perfect Oneness, Peace, and Joy with You and him. O LORD, this

is genuinely the sincere desire of my heart. I no longer want to be spiritually alone.

Therefore, I accept the precious gift of YOUR Son, Jesus Christ, and I repent of my past sins and sincerely regret every thought, action, behavior, or anything that was displeasing unto YOU. I understand that with the precious gift of YOUR Son, YOU expect me to live a righteous life for the rest of my days on this earth.

Such a life entails living up to YOUR expectations and obeying what YOU and YOUR Son taught us in Holy Scripture. LORD, I acknowledge that I cannot be perfect in and of myself. I realize that to be like Christ requires that I "practice righteousness" and avoid sin to the best of my ability. I acknowledge that to continue willfully to sin is an implicit rejection of the gift of Jesus.

I also acknowledge FATHER that there will be unintentional and unknown sins that will come in my life. I understand that YOU and Christ will cover those types of sin and serve as a guide to keep me on the narrow path to heaven.

FATHER, I acknowledge that YOUR Son is not a free pass on sins like many Christians believe. Therefore, when I realize I have sinned against You in any way, I promise to confess that sin immediately and to keep a short list of my missteps with YOU. I know YOU are faithful to forgive under such conditions, but I also

realize that if any life is filled with such confessions, it will be a testimony of an insincere heart. I recognize YOUR instructions in Ezekiel 18 and that Jesus has not altered YOUR criteria for punishing sinners. Therefore, keep me under YOUR wings, O God, and give me a pure heart unto YOU.

Having said this, FATHER, I pray that you will dwell within me and help me be the man [or woman] you want me to be. I ask all this in the name of Jesus Christ, whom I confess with my mouth that he came in the flesh as YOUR only begotten Son. I acknowledge with my heart that YOU expect righteousness, a new life with changed behavior that glorifies YOU.

FATHER, help me to be an instrument of YOUR will even as Christ was such an instrument. Let this day be the first day of the rest of my life, and help me to put away all offensive behavior and sin, which You hate. I pray in the name of YOUR only begotten and beloved human Son, Jesus. AMEN

### Record Of Prayer

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Place: \_\_\_\_\_

I Told: \_\_\_\_\_

## Salvation Prayer Scriptures

### **John 17:3**

- ◆ Knowing the ONE true God is Eternal Life
- ◆ Knowing that God sent Jesus

### **John 8:40**

- ◆ Jesus claimed he was a man [human male]

### **John 20:17**

- ◆ Jesus claimed he had a God [the FATHER]
- ◆ Jesus claimed his God was also our God

### **Matthew 4:10**

- ◆ Jesus taught us to worship only his God

### **Romans 10:9-13**

- ◆ Confess with the mouth, Jesus
- ◆ Believe that God raised Jesus
- ◆ Believing in your heart unto God's righteousness
- ◆ Calling on the name of God, aka YAHWEH (LORD)

### **1 John 3:7**

- ◆ If we practice righteousness, we are like Christ

### **John 14:23**

- ◆ We can become One with Jesus and God

### **James 4:17**

- ◆ Not doing what is right is a sin
- ◆ Defines sin regardless of education

### **Ezekiel 18**

- ◆ God's repentance criteria in Old Testament
- ◆ Same as John the Baptist in N.T.
- ◆ Same as Jesus Christ in N.T.

## Free Newsletter & Health Report

**Instructions:** Go to website at [www.edwardgpalmer.com](http://www.edwardgpalmer.com) and wait 10 seconds for the drop down menu. Subscribe to my free newsletter to download your free health report.

